

Healthy Appraisal

Healthy Appraisal Personal Report Card

Heart Disease is the number one killer of women and men in the U.S. High blood cholesterol is one of the major risk factors for heart disease. A lipoprotein profile is a simple blood test that reveals your cholesterol numbers.

Community Health Partners team of healthcare professionals will meet privately with your staff at a convenient location to complete a simple finger stick blood test. Spending a few minutes with our team will provide your employees with a confidential report on their:

- Total cholesterol
- High density lipoprotein
- Low density lipoprotein
- Triglycerides
- Glucose
- Blood Pressure
- Weight and body mass index

Knowing your numbers will give you significant insight about your cardiovascular risk levels. Learn more about the risk of heart disease and what changes you need to make to reduce your risk for heart disease.

Your Healthy Appraisal Personal Report Card results are kept private and confidential. Our clinicians will assist with interpreting the results and making recommendations for improvement. Members who enroll in the SmartChoice disease management program will have their results retested within 3 months to follow up on progress and improvements.

Healthy Appraisal is a Community Health Partners medical services solution that can benefit your employees and your bottom line. For more information, call 239.659.7740.

